

RE: Writing THANK YOU Notes and Being GRATEFUL!

Thank and you are two of my favorite words. And, writing “THANK YOU!” notes is one of my favorite things to do!

Below are a few suggestions on writing “THANK YOU!” notes!”

- 1) Draw or paint a pretty picture, sign your name, and write “THANK YOU!” Give it or send it to someone you want to share your thanks.
- 2) Write a “THANK YOU!” note thanking someone for something that he/she did, or said—or for the special person he/she is.
- 3) Make a “THANK YOU!” card out of computer paper, construction paper, or recycled paper (e.g. from a shopping bag, wrapping paper, etc.). Fold in half, draw pictures, and write words of thanks!
- 4) Keep a “THANK YOU!” or Gratitude Journal and list all of the reasons that you are thankful each day, and all of the blessings you have in your life. Living with gratitude can change your life for the better!

Thank you!

Patricia J. Murphy

Children’s Author and “THANK YOU” Note Writer!